

Life's a beach

Try something different over the holiday season.

SUMMERTIME, and the living is easy. Sunshine and longer days means more time for play, and there's no shortage of fun activities to try your hand at this summer. We've selected five of the best to help you wile away the holidays.

KITEBOARDING

Combining two of the world's favourite hobbies, this relatively new sport is quickly gaining in popularity here, with kiteboarders popping up on Port Phillip Bay at a rate of knots. Go Kite in St Kilda offers lessons for amateur to advanced boarders, with all training programs based on the International Kiteboarding Organisation standard. The first hour is spent learning the basics,

including correctly setting up the kite, and safety on the beach and in the water, and the second hour will cover kite control and changing direction. Phone 0428 465 483 or visit gokite.com.au

KAYAKING

If you fancy a bit of paddling around the bay instead, East Coast Kayaking in Sandringham will show you the ropes, or lack thereof (this isn't sailing, after all). A group of highly qualified instructors are on hand to teach you everything from navigating surf zones to mastering an Eskimo roll (returning your kayak to an upright position should you capsize). The two-day Sea Starter course can be completed

in one hit or over a few months. Separate tuition classes of varying duration are also available. Visit eastcoastkayaking.com or call 9597 0549 for more details.

BEACH VOLLEYBALL

Slam your way into summer with South Melbourne's beach volleyball Sunset Sessions. Every Tuesday and Wednesday night, from 6.30pm until sunset, \$15 will buy you coaching, game play on South Melbourne beach, and a post-match drink at The Beach Hotel across the road. No bookings are required — simply rock up and play ball. More committed volleyers are invited to join the competition nights on Mondays and Thursdays from

Continued page 56



Howzat? Cricket Australia's plastic cricket set, rrp \$64.95.



Kann 406 beach \$749. Desti other retail

Continued from page 54

January 4, with finals and trophies awarded at the end of the season. Go to vicbeach.com.au/centres/South-Melbourne.

FISHING

Old-fashioned fun doesn't get much better than fishing — spend a morning or afternoon on the bay on a Melbourne Fishing Charter and try your luck at snaring a catch. Hardcore enthusiasts can set out at 4 or 5am in search of snapper and shark, while afternoon fishers will hunt flatheads and pinkies. Morning or afternoon tea or lunch is included, as are rods, baits, and the latest fish-finding and GPS equipment to optimise your chances of success. Child

this summer with a new theme: "Great Moments in History". Sculptors from around the world will descend on the Frankston foreshore on Boxing Day to commence work on the sculptures, ranging from the birth of Christ to the assassination of JFK. Spectators are welcome to have a go at carving in the Sand Workshop area, or enjoy a talk conducted by a resident sculptor. Go to sandstORMevents.com.au to find out more.

ANNABEL ROSS



Yellow polka dot: this is the Kulu Still Spotty bikini, rrp \$75.